

## First Aid Focus

Dear Parents / Guardians,

During week five of this term (6<sup>th</sup> & 7<sup>th</sup> November) St John Ambulance will be delivering free first aid lessons to our students. St John Ambulance trainers will deliver an interactive, practical and skills based program to our classes ensuring our students have multiple opportunities to practice and rehearse key skills. The aim of this program is to train and equip school age children with the necessary skills to assess and respond to first aid situations and develop strategies to seek help for themselves or others.

Skills that are covered include:

- **Pre-Primary to Year 2** Module 1
  - What is an emergency?
  - Recognising danger
  - Who can help? How to help?
  - How to call triple zero (000)
  
- **Primary (Years 3 – 6)** Module 2
  - How to call for an ambulance
  - Identifying situations that require the help of emergency services
  - Dealing with an unconscious casualty
  - Recovery position demonstration and practice
  - Management of external bleeding
  - How to treat a burn

We would like all of our students to participate but if you would like your child to be exempt from the experiences please complete the slip below and return it to your child's classroom teacher (if you do want your child to participate, please dispose of this note).

Kind regards,

Chris John  
Teacher

✂ \_\_\_\_\_

Class: \_\_\_\_\_ Teacher: \_\_\_\_\_

I, \_\_\_\_\_, request that my child, \_\_\_\_\_,  
does **not** participate in the First Aid Focus sessions on the 6<sup>th</sup>/7<sup>th</sup> of November.

Parent Signature: \_\_\_\_\_