

Rivergums Primary School Canteen Menu Term 4, 2021

Items highlighted in **GREEN** = everyday choices. Items highlighted in **AMBER** = occasional choices.

EVERYDAY	
RECESS	
Date Ball ◆◆	\$0.50
Choc Dairy Snack ◆	\$1.00
Popcorn ◆◆	\$1.00
Hash Brown ◆◆ (Thurs & Fri)	\$1.00
Chicken Strip ◆◆ (Thurs & Fri)	\$2.00
Pikelets x 3 ◆	\$2.00
Fresh Fruit Cone Cup ◆◆◆	\$2.00
Chocolate Muffin – Freshly Baked ◆	\$2.00
Cranola & Yoghurt ◆◆	\$2.00
LUNCH	
Salad Sandwich ◆	\$3.50
(lettuce, tomato, carrot, cucumber)	
Add Ham, Chicken, Egg, Cheese, Beetroot or Mayo	\$0.50 (ea)
Ham Sandwich ◆◆	\$3.00
Ham & Cheese Sandwich ◆	\$3.50
Cheese Sandwich ◆◆	\$3.00
Vegete Sandwich ◆◆◆	\$2.50
Vegete & Cheese Sandwich ◆◆◆	\$3.00
Toasted Ham & Cheese Sandwich ◆◆	\$3.70
Toasted Ham Sandwich ◆◆◆	\$3.20
Toasted Cheese Sandwich ◆◆◆	\$3.20
Add Tomato	\$0.50
Pizza - Pineapple Paradise ◆	\$3.70
- Margarita Magic	\$3.50
- Meat Lovers	\$3.70
Spaghetti Bolognese ◆	\$4.20
Mac n Cheese ◆	\$4.20
GF Mac n Cheese ◆	\$4.70
Nachos with Beef Mince ◆	\$4.70
DRINKS	
Plain Hi-Lo Milk ◆◆	\$2.00
Nippy's Chocolate Milk – No Sugar ◆◆	\$2.50
Nippy's Strawberry Milk – No Sugar ◆◆◆	\$2.50
Nippy's Honeycomb Milk ◆◆	\$2.50
Apple Juice – No Sugar ◆◆◆	\$2.00
Orange Juice – No Sugar ◆◆◆	\$2.00
Water 600ml ◆◆◆	\$1.00
Juice Bombs ◆◆◆ (LUNCHTIME ONLY & NO CASH SALES)	\$2.50

TUESDAY	
LUNCH SPECIAL	
Tuna & Cucumber Sushi – 4 pieces with soy ◆	\$4.70
Crispy Chicken Sushi with lettuce – 4 pieces with soy ◆	\$4.70
Tuna & Cucumber Sushi – 6 pieces with soy ◆	\$6.00
Crispy Chicken Sushi with lettuce – 6 pieces with soy ◆	\$6.00

WEDNESDAY	
LUNCH SPECIAL	
Chicken Nuggets & Smiley Face Hashies - Small ◆◆	\$4.70
Chicken Nuggets & Smiley Face Hashies - Large ◆◆	\$6.00
Add Tomato or BBQ Sauce	\$0.50

THURSDAY	
LUNCH SPECIAL	
Chicken Wrap with Salad ◆◆	\$4.20
(Chicken strips, lettuce, tomato, carrot, cucumber)	
Mini Chicken Wrap with Salad ◆◆	\$2.70
(Chicken strip, lettuce, tomato, carrot, cucumber)	
Chicken, Cheese & Lettuce Wrap ◆	\$4.20
Mini Chicken, Cheese & Lettuce Wrap ◆	\$2.70
Add Beetroot, Egg, Sour Cream, Mayo, Tomato Sauce, Sliced Cheese	\$0.50 ea

FRIDAY	
LUNCH SPECIAL	
Mrs Macs Pie ◆◆	\$4.20
Add Tomato or BBQ Sauce	\$0.50
Mrs Macs Sausage Roll ◆◆	\$3.20
Add Tomato Sauce or BBQ Sauce	\$0.50

LUNCH TREATS			
Froyogo Frozen Yoghurt ◆◆	\$2.50	Half Icy Tube ◆◆◆	\$0.50
Slushie Cup ◆◆◆	\$2.00	Whole Icy Tube ◆◆◆	\$1.00
(99% Fruit Juice)			

◆ Vegetarian	◆ Egg Free	◆ Dairy Free
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CANTEEN INFORMATION

Our menu exceeds the standards for the provision of healthy food and drink choices in public schools by using the "Traffic Light" system of a minimum 60% green menu and maximum 40% amber choices. Everything on our menu is prepared and cooked in our school kitchen (with the exception of drinks, bread, icy poles and ice creams). We can be contacted on email rivergumcanteen@hotmail.com Thankyou for supporting Rivergums Primary School Canteen ☺

ORDERING & COLLECTION

Canteen is open 8.15am to 1.30pm. All orders must be placed via our QKR app or cash at the canteen. Cut-off time is 8.45am. Our EA's collect lunch & recess orders for Kindy and Pre-Primary. 2 students per class collect lunch orders for years 1-6 and teachers handout.